

the **AMOS BURSARY**

Realising the ambitions of young men

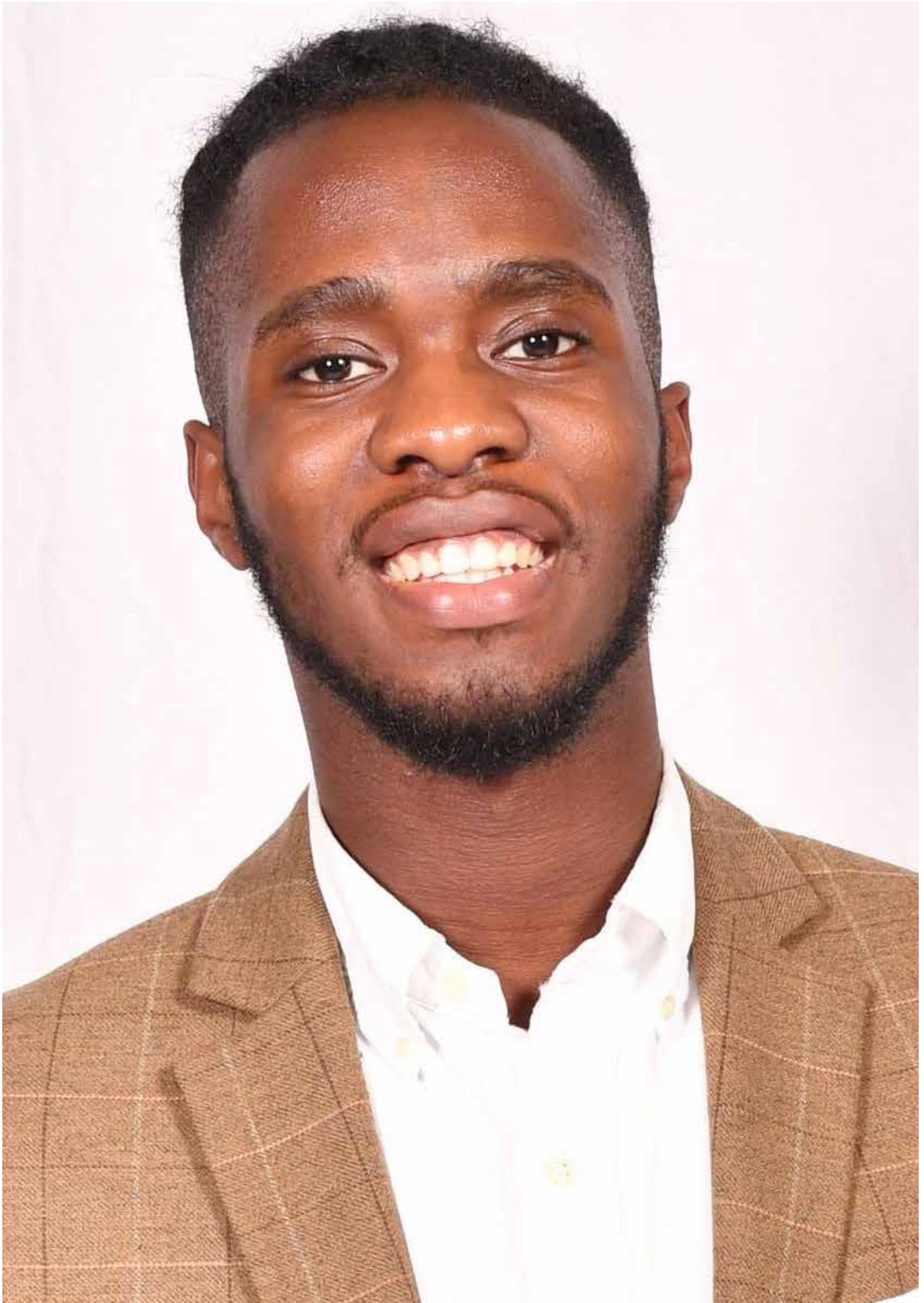
**AMOS
BURSARY
IMPACT
REPORT
2016**

**‘Education
is not a
guarantee
of wealth.
It is a
guarantee
against
abject
poverty.’**

Mike Amos

Contents

Realising ambitions	5
Introduction	7
About the Amos Bursary	9
Our people, facts and figures	10
Realising potential: academic success	11
Realising strengths: personal and professional development	14
Commercial awareness	14
Networking to the CATO Institute Washington	14
Communications, conversations and presentations impacting on performance	15
Dine Like Diplomats	16
Realising opportunities	17
Former President Barack Obama: A life changing moment	17
Legal learning at Linklaters	18
Realising social responsibility: community engagement	25
Mentoring matters	25
Public engagement and Professor Simon Taylor-Robinson	36
Alumni case study	28
Thank you	29



Realising ambitions

We provide students with the experience, social and commercial skills required by employers to thrive in today's competitive world.

Wilfrid Obeng-Boayke, Google, Ireland

Wilfrid joined the Bursary in 2011 and graduated in 2016 from Sussex University with a 2:1 in Computer Science. He is now working at Google, Ireland. Growing up Wilfrid saw technology as a means of escape from his surroundings; a way to express his creative freedom beyond the concrete walls of his council flat.

He says that at the age of six, he sought to understand technology by deconstructing and successfully reconstructing his home computer. Now, he creates effective communication channels for charities to reach out to the wider world. He also uses social networking as a platform for his poetry; hopefully motivating and inspiring young people along the way. Wilfrid has been responsible for building and maintaining the Amos Bursary's website and managing and building our database.

During his time with the Amos Bursary, Wilfrid gained a number of internships with leading organisations which included J.P. Morgan and Excelian. He also completed a 6 month internship at Google within the Google Enterprise Team, encouraging more companies to use Google products and systems.

Always seeking ways to increase his knowledge, Wilfrid spent Summer 2015 working as an Analyst for Goldman Sachs Technology Division as part of a 10 week programme working alongside leaders in the industry providing technical solutions to the differing needs of the business. As an alumni Wilfrid continues to support the Bursary, running workshops, managing the website and speaking at events on behalf of the Bursary.

According to Wilfrid, 'the Amos Bursary is an amazing support network. In my time with the Bursary, I grew into a more confident, self-aware young man and have built upon key personal skills. In 2013, I was the proud recipient of the 'Beyond Outstanding Student' award from The Amos Bursary and I have been named in the 2014 Rare Rising Stars list of top 10 black students in the UK. One of my greatest achievements is being named an Amos Bursary Student Ambassador. As a graduate I continue to visit schools to present the work of the Bursary and its commitment to assisting academically able young men from economically deprived backgrounds to realise their ambitions. The Amos Bursary has opened so many doors for me it has changed my life and my mother and I are eternally grateful.'



Introduction

From CEO Colleen Amos



Colleen Amos,
Amos Bursary CEO

Looking back on 2016, I cannot help but feel a great sense of pride in our young men. The theme for the Bursary during 2016 was creativity, innovation and entrepreneurship. Using those themes we sourced the tools and resources we needed to train, challenge and motivate our young men to achieve their full potential in education and business.

Inspirational speakers and trainers helped our students understand that being entrepreneurial is not just the realm of those who want to set up their own business, but a mindset young people need in this globalised world.

We know our students are young, gifted and outstanding and we continued to make sure they accessed the institutions best suited to their talents. Building on our relationships with our sponsor education institutions, BPP Professional University, and University College London students secured scholarship opportunities and we were provided with outstanding facilities for training sessions. Imperial College London once again part sponsored our annual youth conference and provided mentors and learning opportunities for our students.

During 2016 some of our students met former USA President Barack Obama, presented advertising campaigns in New York and worked with some of the best entrepreneurial minds in the UK.

This was truly our year for International experience. Our partnerships with Imperial College London and Helios Investment enabled us to offer opportunities in Ghana, Kenya and Malawi. The New York experience led the way with 10 students spending one month in New York. As always, our students continue to master the skill of networking and are creating life changing opportunities for themselves.

We know that the UK is failing to deliver equal opportunities to young people from challenging socio-economic back grounds, and there are still many challenges around academic excellence and employability amongst BAME graduates. Black graduates are three times more likely to be unemployed after graduation than white graduates—particularly those from the highest ranking universities.

Partnerships with other organisations has provided our students with internships, work experience insight days and numerous learning opportunities.

Helios Investment strengthened their relationship with us and joined Cititec and Prudential as sponsors. We continued to build a strong relationship with our main sponsor Linklaters whose support is immeasurable.

As we approach our 8th year, we continue to help our students thrive through the transitions in their lives and navigate their career and professional growth. There is continual concern for high achieving Caribbean men who are significantly underrepresented in

high ranking academic institutions and in the world of work, and our commitment is to continue to identify and make sure these young men are supported to success.

Finally I would like to thank all of our volunteers and mentors for their dedication and commitment to the Bursary. Together we will make sure our students continue to work smart and work hard to reach their full potential and continue to personally invest in their future.

Creativity in action at the Beyond Outstanding Conference



About the Amos Bursary



Students ready for the New York experience

Our mission is to challenge, inspire and develop talented British students of African and Caribbean descent who have excelled at school and have not allowed their environments, personal circumstances, or the pressures of living in London, to cloud their vision or to hamper their dreams.

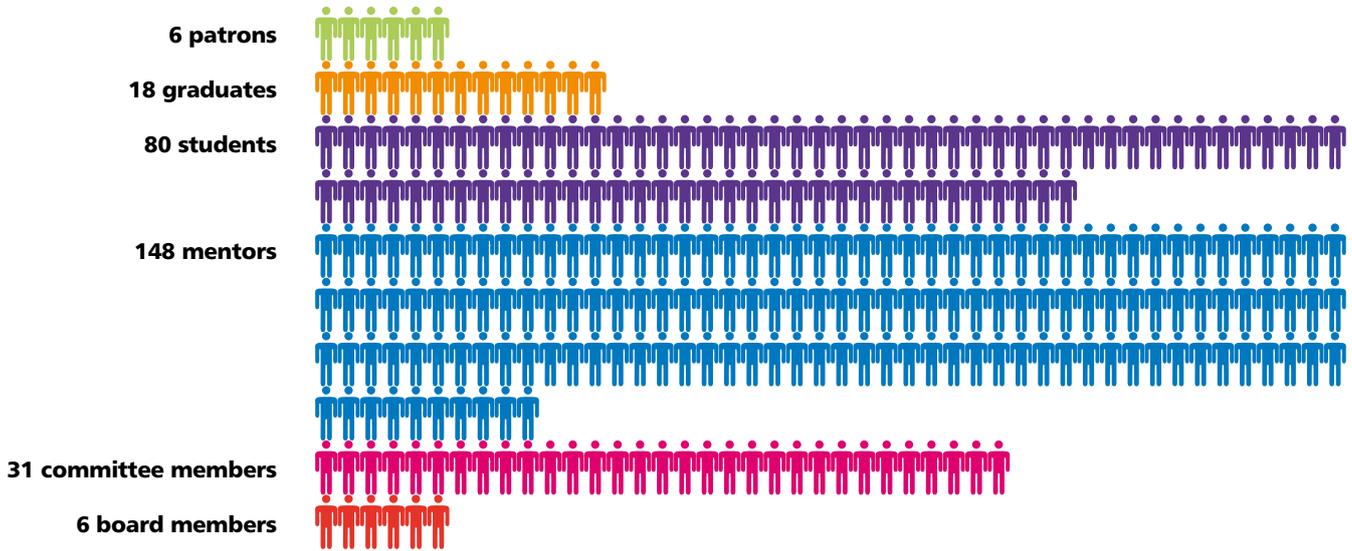
We teach them how to be flexible in their thinking and approach to work, how to face the unknown with confidence and enthusiasm and provide them with the best social and 'people' skills to survive and thrive in a competitive world.

Organisations are looking to recruit a diverse workforce of employees who reflect the community they serve. We attract, develop, mentor and sponsor, the next generation of ambitious young men from schools and sixth form colleges in London, throughout their time at university. They participate in intensive programmes for personal and professional development, and are given the tools and techniques to make informed choices about their futures.

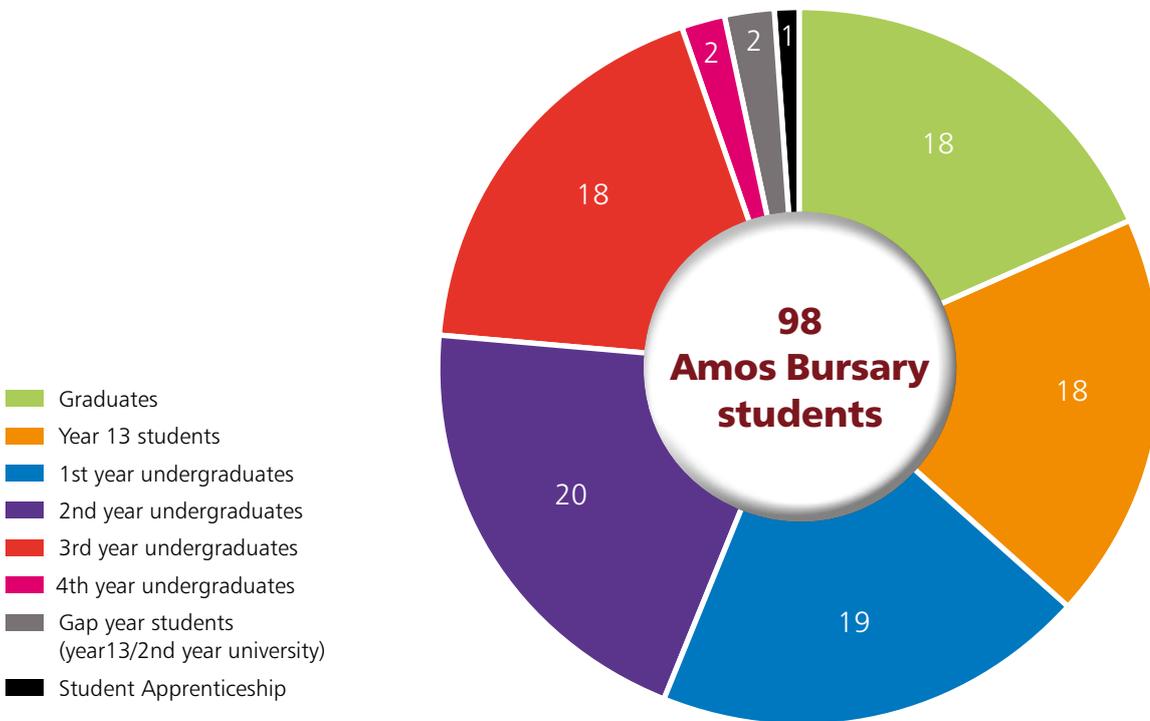
We work with our sponsors, strategic partners, volunteers and supporters to deliver unique opportunities and training programmes for students.

We develop their social and commercial skills and offer life changing experiences. Our mentoring scheme ensures that each student has individual access to a peer and professional mentor for the duration of their time with the Bursary. Each student also receives an annual bursary of £500.00 while at university, unless they secure scholarships.

Our people, facts and figures



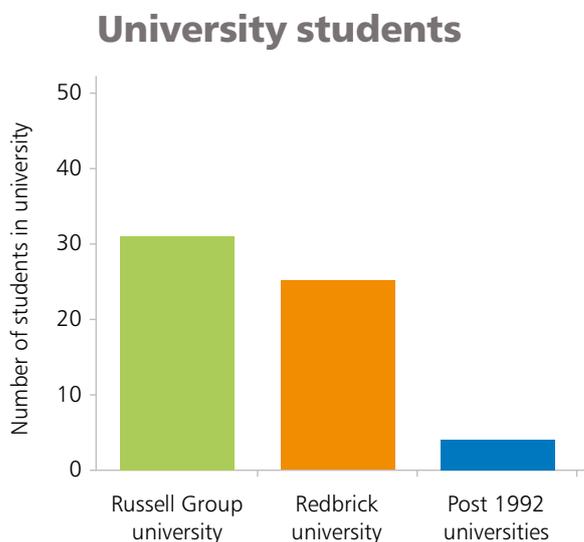
2016 Student breakdown



Realising potential

Academic success

We provide the environments to ensure our students achieve successful performance into and throughout university.



Graduates 2016

3 students graduated in 2016 achieving Upper Second degrees – Wilfrid Obeng-Boayke is working at Google, Ireland, Ryan Clarke at Thomson Reuters and Kenny Dumaka received a BPP scholarship to complete the Legal Practice Course and continue his journey to become a corporate commercial lawyer.

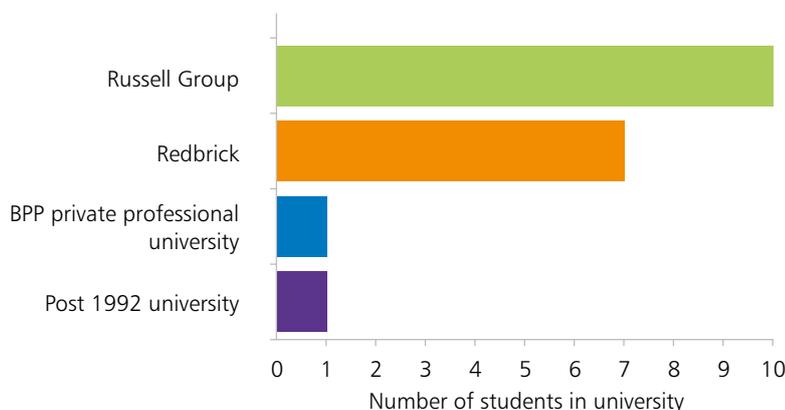
Ryan Clarke

Law Graduate at Thomson Reuters

I became an Amos Bursary student in 2012 and since then, I have been exposed to a series of professional and social events that have contributed to my academic and professional achievements thus far. Such experiences included a networking session at the House of Lords, a leadership programme at Deloitte and a conversation with a Venture Capitalist at Google. However, the experience which stood out the most was my month-long trip to New York where I worked at one of the most prestigious law firms in the world and had the opportunity to meet and interact with other students who were equally as ambitious. I realised

whilst on this trip, that without the mentoring provided by the Bursary mentors, I would never have had the confidence to read law at Warwick University and begin my first job in a graduate position at Thomson Reuters. My advice to future Amos bursary students would be to put in as much as you would like to get out of it. Although the bursary can provide you with amazing opportunities, it is up to you to make the most of the support and the opportunities. Good luck!

University destination 2016 (19 students)



Joshua Ilelaboye

Chemical Engineering, Oxford University, at Christ Church, Oxford

Joshua Ilelaboye, achieved 4A*'s at A Level and is the first Amos Bursary student to attend Oxford University

where he is studying Chemical Engineering. Joshua has been the recipient of several accolades including the 'Academic Excellence Award' for the greatest academic achievement across his entire year group and the Sir Michael Wilshaw (Head of Ofsted) 'Dux Leadership Award', the most prized award at the end of Sixth Form for performing an exemplary role as a leader and inspiring leadership in others. However, beyond fundamental academic achievement, Joshua has played an active role at his Sixth Form in his post as Senior Student Council. In 2017 he will be one of students going to New York for a month.



Daniel Oluboyede

Medical Student at Downing College, Cambridge

Daniel Oluboyede achieved 2A's and 2A*'s in his A-levels. During his time at Sixth Form Daniel used his role as deputy head boy, to set up a Medical Society. Daniel achieved a place in the UK Biology Olympiad, a silver in the UK Senior Maths Challenge and was awarded best Science Student in Year 12.



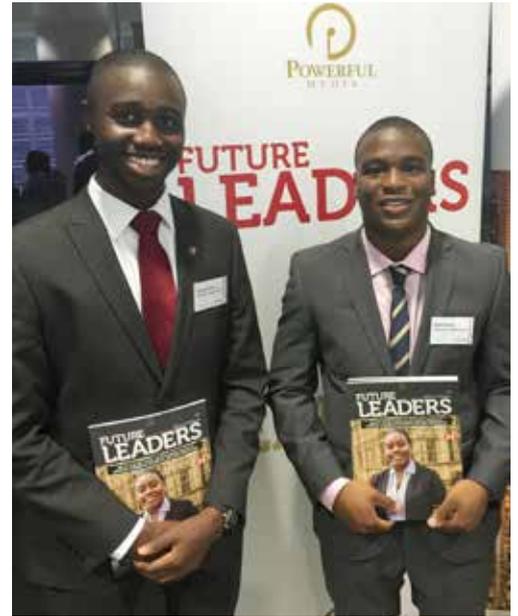
Oscar Mitchell

Daniel said, 'the Amos Bursary has played a central role in my development. It has been a catalyst of improvement in three key areas: personal presentation, cultural awareness, and networking. Tambo Silavwe facilitated public speaking workshops that not only targeted the physical action and skill of speech but also focused on the fundamental sense of self, purpose and confidence underlying successful presentation. I have found myself becoming increasingly adept at communicating effectively.

With my background, going to Cambridge University presents obvious challenges – one being social etiquette. Thankfully, the Bursary provided Robyn Spens, whose teachings on social etiquette proved invaluable in helping me feel more comfortable in what would have otherwise been a vastly different environment to the one I am familiar with.

Through the Bursary's New York Experience, I was introduced to Oscar Mitchell, a medical doctor based in New York, who I have subsequently built a relationship with, that is nothing short of incredible. Being a medic aspiring to work in the USA, Oscar has been extremely generous in providing resources (such as his own medical books), knowledge and much needed mental support. It is hard to put into words the true impact that Oscar has and continues to have in my life but it is undeniably profound that he has given me an appreciation of how crucial effective mentors are to the development and success of future leaders.'

Reward and recognition



George Imafidon and Ryan Francis

George Imafidon and Ryan Francis have been listed in the Powerlist 'Future leaders' publication for 2016.



Ivan Beckley (left) and Wilfrid Obeng-Boayke (right)

Wilfrid Obeng-Boayke and Ivan Beckley won awards at the Pure Potential Awards sponsored by UBS. Solomon Adebiji and George Imafidon were runners up.

Realising strengths

Personal and professional development

We teach them the value of self-awareness, flexibility in their thinking and how to face the unknown with confidence, creating positive role models and future leaders.

Every student has had the opportunity to participate in 27 tailored, learning and development programmes and opportunities, focused on enhancing their confidence and self-belief. Below are examples of how the students put their learning into practice.

Commercial awareness

Commercial awareness is one of the key attributes cited by many employers as being essential to employability. Jivaan Bennett AB Mentor and committee member leads on Commercial awareness for students.

Jivaan says 'With the support of Linklaters LLP, a group of fellow colleagues and I, conduct commercial awareness sessions for the young men of the Amos Bursary. Once every academic year, we gather legal and business professionals to discuss topical issues with the cohorts as well as deliver sessions which are targeted at developing their technical knowledge of business, law and finance. The students can benefit from tailored one-to-one coaching in preparation for interviews at law firms, banks or business consultancies. The sessions often have a competitive element to them which the young men seem to particularly enjoy.'

Networking to the CATO Institute Washington

At the Bursary fundraising dinner in 2001 Faustino met and started corresponding with Carlyle Rogers who introduced him to contacts at the world renowned The Cato Institute in Washington. Following a rigorous application and phone interview Faustino secured for himself a three month internship.

Faustino said, 'My experience was spectacular. I would say this for three reasons. Firstly, I very much enjoyed the experience of living independently in a political and social culture which is more different than people often realise. Secondly, the amount of knowledge I was able to accumulate whilst working and the ability to challenge a number of my own beliefs in a positively academic environment was excellent. Finally, I would say that the relationships and connections made were fantastic and will certainly serve me well in the future.'

I used all I had learned at the Bursary and made sure to study my Lumina Spark profile before heading out and whilst I was there. I wanted to assure myself that, whilst staying true to my personality and work-style, I presented a more balanced picture of my



Faustino McCalla St Luce with fellow interns at the Cato Institute in Washington

capabilities. As a person who enjoys introspection, I feel that Lumina Spark was the most useful workshop.

Communications, conversations and presentations impacting on performance

The Bursary is committed to improving soft skills and better business communications practices. Sessions were run by Colin Salmon one of Britain's most renowned actors



Students focus on presentation

who discussed his life, career and learnings and shared some of the tricks of the trade with the students. The session was extremely interactive and the students had fun finding and strengthening their voices.

Tambo Silavwe Insight Coach, ran a three day course and focused on 'the power of perception' and how to present brilliantly to audiences and be impactful in one-on-one engagement. Here is how these programmes made an impact on the students:

Solomon Adu said 'Within the professional domain, presentation is key and Tambo's workshops became all the more salient for us as young black men currently making the transition into the professional world. Personally, his sessions enlightened me to the concept of controlled perception and how I can blend a higher sense of self-awareness with confidence to benefit both myself and those around me. He covered attire and body language/posture, to coaching, public speaking, tone and even the effect of perfecting the "proper" handshake.

Tambo's sessions gave me greater sentience about how I view myself, and consequently how I am received by others. The workshops provided me with the awareness of the often small, but critical nuances. More so, they equipped me with the skill set required to adjust perceptions so I am viewed as I would like to be – as you control peoples' perceptions of you'.

Jordan Barrett

I still use his tips on keeping an upright posture when speaking.

Temi Ogandiran

For me it would be having an upright posture when walking (especially having the shoulders rolled back) and speaking and also to acknowledge what I am good at.

Renell Harding

Owning one's name and really projecting it when speaking. It has more of an effect on one's sense of self or identity than one would give credit for.

Garrison Sylvan

He showed us how to express a voice a lot of us did not know we had. I also liked how he got the majority of us involved.

Karl Kareem-Melaimi

The most important lesson for me was how to control my voice. Colin gave us various exercises at the end to practice in the future.

Dine Like Diplomats

Kai Moore 'Dine Like a Diplomat was one of my very first sessions with the Amos Bursary. As I was still finding my feet within the bursary, this experience was extremely useful to understand what the Amos Bursary stands for and it allowed for a smooth and easy transition into it. I was included in activities with boys from other cohorts and saw the standard expected of the bursary scholars. Dine Like a Diplomat allowed me to gain crucial cultural knowledge that I doubt I would have gained anywhere else until I was in a formal dining situation.

Now that I have attended the session, I am extremely glad that when I get into formal situations I will have prior experience and knowledge that will allow me to confidently thrive in that situation. I am currently studying economics and it has helped me to understand the importance of human capital. I learnt during this session, that dining situations are a pivotal way to expand your human capital as it is a great way to expand your network and create new connections. Yet these connections cannot be made without a certain etiquette, and Dine Like a Diplomat enlightened me to the etiquette needed to take advantage of this.



Dining like diplomats

Realising opportunities

We work in partnership with our sponsors, volunteers, mentors and supporters to deliver unique opportunities.



Former President Barack Obama: A life changing moment

Victor Azubuiké was one of ten AB students who was invited to attend The Townhall event with President Barack Obama. Here is an excerpt from his Blog, which expresses how much seeing President Obama meant to him:

‘I had known for a week that I had been invited to the Town Hall with President Obama. I told my mum while she was sleeping and even in the midst of her sleep she still managed to show her excitement by shouting thanksgiving to God. I thought that

attending would just re-emphasise everything I thought I had known about Obama and the impact of his presidency; but the syllabus changed.

There was a video of a little boy who was keen to find out if the President of the United States hair’ was similar to his. Obama bent down and asked the boy to touch it to see for himself. On touching POTUS’ hair (who gets to say they’ve done that!) he screamed ‘Yes! It does feel the same’.

When I saw Obama walk out on to that stage something happened, it’s difficult to put into words but like that little boy it became real for me. I ‘touched Obama’s hair’. The symbolism that Obama for so long represented to my community became consolidated in my mind, and I believed that could be me. Whether it will or won’t is another matter that’s entirely up to me; but it could.

I know our world is still far from perfect. Injustices still take place every day but somewhere in the midst of all the madness I became a believer that our future can and will be brighter. I’m doing my part to make it happen.

So, for that timely reminder and for simply being you, I’d like to say: Thank you, Barack.

Legal learning at Linklaters

Students, Kai Moore and Mohammed Abdi attended the Legal Insight week which was organised for Linklaters by the Social Mobility Foundation.

Kai said 'The week was extremely insightful. I managed to secure a mentor from Linklaters that I actively keep in contact with. Despite being a corporate law firm, they managed to portray the wide range of aspects that come with law. I was able to understand the different routes into law and the other sides to law that are not as clearly promoted. It was overall an enlightening week.'



Students prepare to present their Apps

in a hackathon to develop an App idea around the idea of health & fitness whilst other teams tackled issues such as student budgeting.

During the event, we were also given the opportunity to not only hear from the CEO of Aviva, Mark Wilson, but to present our App ideas to him. This allowed me to put into practice the presentation and networking skills that I have acquired during my time with the Bursary. Altogether, this was a very fulfilling and humbling experience for which I am grateful to the Amos Bursary as they have facilitated this opportunity to interact with the CEO of a FTSE 100 company. It was a joy to talk with Mark and hear about his journey so far and the characteristics he developed that enabled him to achieve all that he has so far. At the end, the winning team were given work experience at Aviva.

Joachim Maiye, LSE

The Donmar Warehouse

2016 saw the launch of a new partnership with the Donmar Warehouse Theatre. The Donmar is encouraging our student participation and personal development through Theatre. In December they went to see 'One night in Miami', by Kemp Powers and produced by Kwame Kwei-Armah. At the end of the show, TV and stage Actor Arinze Kene, spoke to the students about his life, challenges and his career.



Aviva workshop

Aviva technology workshop

In July 2016, I was fortunate enough to participate in a Digital Workshop at Aviva which was organised by Amos Bursary Mentor Chika Aghadiuno, General Insurance Director. The event took place at Aviva's Digital Garage which was recently opened to consolidate the Aviva business with its growing digital transformation strategy. This was an enriching experience as I gained lots of insight into the mechanisms behind the development of an App. I found it interesting to learn about the User Experience research that allows the firm to understand how customers interact with their digital platforms. In addition, we participated



Garrison Sylvan and Forest Whittaker

Garrison attends Whittaker centenary lecture

Garrison Sylvan attended The Centenary Lecture at SOAS, University of London, which was given by Oscar winning Actor Forest Whittaker. Forest talked about his work with the Whittaker Peace & Development Initiative (WPDI), which empowers young people in communities affected by violence to become forces for peace and voices for change. The discussion focused on how youth in conflict-impacted regions can be trained and equipped to transform their communities from within.



Solomon Adu

Beyond outstanding residential conference 2016

Innovation, Creativity and Entrepreneurship was the theme for the 2016 conference.

The Beyond Outstanding Residential Conference was held at Imperial College London and was attended by AB students who were joined on Saturday by 72 external students. The event was hosted by Darrell Adjei and Kwarteng Sarfo, Imperial college undergraduates.

It was an activity packed weekend and Alumni and mentors were out in full force to share their experiences with current students. The main event took place on Saturday. The presentations, guest speakers and panel discussions provided students with real insight into how Innovation, Creativity and Entrepreneurship will be critical as they move forward in their careers and as future Leaders. Guest speakers included: Baroness Amos – Amos Bursary Patron and Director of SOAS London University; Paul Sloane – International Motivational Speaker; Chantal Miller – Facilitator



Conference host Darrell Adjei, with David Adebiji

of Creative Workshops; Andy Alim – Entrepreneurial Guru and Will Sexton – Consultant, Deloitte who presented the Deloitte Technology Media and Telecoms UK Predictions Report, 2016.

Discussions on Brexit were led by Alison Tyndall and Susan Bygrave. The students were introduced to their Weekend ICE Team challenge for 2016, by Roopi Harrison from Kingston College on behalf of The Ideas Foundation. EY professionals Paul Henry, Michael Edison-Odiase, Liz Ezeogu, Amaka Uche led on commercial innovations.

'This was a fascinating, very engaging programme. I very much enjoyed the way the young people were encouraged to lead and participate in the conference.'

'All the speakers had very engaging narratives and shared these in interesting ways. I most enjoyed the friendliness of the students.'

'Amazing event. My friends spoke so highly of the Amos Bursary I wish there were more entrance points for those not exposed at sixth form.'

'The conferences are always amazing. However, this has been the most organised conference by far. The booklets with the timetable were a great idea.'



IOD conference

IOD conference

Warsame Ismael and David Annor attended The Institute of Directors annual convention which took place at the Royal Albert Hall in September 2016.

Renowned speakers including Nicola Sturgeon, gave their views on the issues which face businesses both big and small in today's economy. Here is David's account of the day: 'To have been invited as an Amos Bursary student was an honour. Given that the event was soon after Britain's historic vote to leave the European Union, a lot of the speakers touched on the possible impact of the vote on businesses in the U.K. and across Europe. As an Economics & Business student, the day helped me to better understand the intersection between politics, the economy and business and given that my dissertation surrounds Brexit, it was useful to hear the views of experts and professionals. I thoroughly enjoyed the experience.'

David Annor, UCL

Helios Investment expand opportunities

In 2016 we established a partnership with Helios Investment Partners who, in a very short space of time have made a real impact on our students. From an organisational perspective, we have been able to set up a new CRM system and Helios staff are becoming mentors.

Helios has allowed the AB students to reach new heights. Darrell says, 'We have been given a rare insight into the coveted profession of Private Equity from the industries' rising star. We have had the professional support to expand our international work experience program and Victor, Peter and I spent the summer as interns in Kenya and Ghana as part of the Helios Experience.'

Victor said, 'The experience that Helios Investment provides to Amos Bursary students is unparalleled. An insight into a private equity firm focused on sub-Saharan Africa is cutting edge. It also allows us the opportunity to network with some of the most seasoned professionals in the private equity and financial services industry.'

Victor Azubuike, Warwick University,
Darrell Adjei, Imperial College London,
Peter Adefioye, Cambridge University



Victor Azubuike, Warwick University and
Darrell Adjei, Imperial College with Helios CEO
Babatunde Soyoye



The ICE challenge

Crossing borders – partnerships in action

78 students participated in the ICE Challenge – (Innovation Creativity and Entrepreneurial) which was set at the Residential Conference by The Ideas Foundation CEO, Heather McCrae and Helen Poole the Creative Programme Manager. The students were divided into six teams and were given a brief for McCann Health, a Global Healthcare Communications company, based in New Jersey USA. They were tasked with developing a campaign around prevention of suicide in young people and reducing the stigma surrounding this issue.

Each team presented their campaigns and ideas and one week before departing for the USA the ten students and supporting students worked on the final presentation for McCann. Daniel Beckley, BPP Scholarship student tells the rest of the story:

The first week of our cultural study tour of New York, we travelled to New Jersey to present our final campaign to McCann Health, as part of their nationwide competition. I was responsible for conducting the research into the age demographics most

affected by suicide and any statistics which could help support and add credibility to our campaign.

The trip to McCann was one of sheer empowerment and excitement. It had taken weeks of planning and developing our ideas and it was fair to say we were under a lot of pressure to deliver. However, we turned our nerves into positive energy and delivered an amazing pitch.

Jennifer Dee, Director of Integrated Production – McCann Health USA said: 'I'm not quite sure where to begin so I will start with WOW, and recommend you look at the MOTTA selfie we took attached to this email. What an amazing morning we had with the students of the Amos Bursary. It was a wonderful experience for us at McCann. Polished, polite, articulate, confident, powerful and intelligent are just a some of the words that come to mind when we think of the students. They followed the brief to the letter and their presentation was smart and engaging. Our constructive feedback was minimal and our compliments were many. These young men have embraced the opportunity the Amos family has provided and it shows. The Q&A session with colleagues was a great exchange of advice and information, the students didn't hold back and asked really smart questions. When I saw the students arriving this morning I waved to them from the window and each of them waved back with huge smiles and my heart melted.

What a special day. What a special group of young men. A huge thanks to Shyko for delivering them safe and sound and clearly acting as a strong mentor.

The education program ideas were particularly strong and original so we will absolutely be implementing those ideas into #WL 3.0 I know the experience in London was equally as



Jennifer Dee, Director
McCann

exciting and I was sad I wasn't able to be part of that, but today made up for that for me. Thank you for connecting us with this truly special organisation and even more special young men. I am confident they will all soar.'

Daniel concluded 'I completed this task with a deeper knowledge and understanding of how important it is to work as a team to deliver the best results and help solve challenging problems. From a personal standpoint I learnt how effectively I can operate under pressure because we delivered a creative pitch to a high standard, all in a short space of time.'

Daniel Beckley, BPP University

The McCann pitch an unforgettable experience

My experience of the McCann pitch was fantastic. From start to finish everything went smoothly. Most enjoyable was presenting the educational outreach part of the campaign. I felt very confident during my presentation and found my only challenge was trying to remain as concise as possible. I received great feedback and left feeling very happy. This experience has honed my public speaking skills even more.

Renell Harding, Swansea University

The entire journey from the residential weekend to the deliverance of the pitch was an interesting one. I played an active role in the research and preparation of the campaign – particularly the idea about how to make it go viral on Social Media. Watching my colleagues present the pitch to the panel at McCann, I felt very proud and humbled to know that we all had a part to play in its success.

Treasure Oyelade, Warwick University

Overall, the McCann experience has had a profound impact on me. It made me feel a range of emotions – reassurance, empathy, patience, sadness and joy. The most significant aspect of the whole experience is that we, the presenters of the campaign, represented the demographic that is statistically most affected by suicide and mental health issues.

Isaiah Lynn, UCL

From the first meeting leading up to the main 'pitch' day, I can genuinely say that I witnessed the personal development, growth in confidence and ability of each person on the team. I felt that as a team, we represented the bursary impeccably well.

I worked closely with Renell to develop a plan demonstrating ways that we could educate students and families on mental health issues and to see the surprised yet impressed looks on the faces of the McCann Health staff was definitely one of my key highlights of the day. 'Flawless'.

Chima Amadi, Essex University



Students presenting in New Jersey

International opportunities

Since 2009, 79 students have been eligible for international experience. 46 Students have completed overseas internships of over 1 month or more in the USA, Gambia, Brazil, Chile, Ghana, Kenya, Belize, Poland and Malawi.

In 2016 21 students visited USA, Ghana, Kenya, Italy and Malawi.

The New York experience

In August 2016, ten students went on a month long study tour of New York. They were hosted by Linklaters LLP.

New York night life



Here is David Anjorin's account:

Thank you very much for allowing me to undertake my placement at EY. The staff we met, especially Joe and his team, were extremely helpful and accommodating. They made Chima and I feel very much at home and offered us much welcome advice about EY and New York throughout our internship.

I specifically enjoyed the exposure to the various service lines offered at EY and the opportunity to speak directly with personnel working in their respective field of work. It gave me great insight into their roles and it also helped to further stimulate my interest in the field.

From a general perspective, the induction/settling week prior to the commencement of our internship was particularly useful as it allowed us to become acquainted with the area and explore the various cultural/social venues.

Overall, an extremely positive experience and I thank you again for giving me the opportunity to be a part of the EY team.

David Anjorin, UCL

Cultural Tuscany

In April 2016, the Amos Bursary gave us the opportunity to attend a trip to Tuscany to experience a new country. We toured the Tuscan towns of Siena, Pisa, Florence and Lucca, visiting landmark cathedrals and learning about the history of the towns. We also visited the universities in the towns, and spoke to students attending lectures to gain an insight into university life in Italy. Our host Michael Prest, offered us amazing advice and insight into his personal experience of work, business, family and politics. I had a great experience in Italy bonding with the boys and experiencing the wider world.

Ra'Sharn Dubois, University of Surrey



Students visited Italian Cathedrals and Universities



Fabricio in Malawi



Beckford works with Thai colleagues in Malawi

Realising social responsibility

Community engagement



Troy Thomas (Mentee)

Mentoring matters

The Bursary currently has 148 Peer and Professional Mentors who give up their time to improve the performance and build the confidence of the students and provide support as they enter University and the workplace.

Working together, the results can be transformational.

Mentee Troy Thomas and his mentors Chioma Oganya and Sunday Popo-Ola share their stories.

Over the years my mentors have been a key staple in my life. We meet regularly throughout the year and inform each other about key endeavours which have occurred since we last met.

Chioma Oganya my peer mentor, gave me my first work experience in a corporate environment. I interned at Tullow Oil for a week where I learned about the oil industry and the workings of a multinational organization. Furthermore, Chioma helped instill a key work ethic which helped me to succeed in my academic studies.

Dr Sunday Popo-Ola a Professor at Imperial College London, introduced

me to engineering at a university level. Dr Sunday was able to get me a placement in the engineering labs at Imperial over the summer which further fostered my interest in the subject.

Both my mentors have provided me with invaluable help and support as I pursue my career and academic studies as well as my personal life. I am very grateful to have them in my life.

Troy Thomas (Mentee)

Mentoring Troy over the last four years has been a joy. It has been a pleasure to share in his personal, academic and professional milestones as he's progressed from college to university.

Being a mentor has in some ways been like gaining a highly organised and diligent younger brother. As Troy prepared for his A Levels, we would meet once a fortnight for a coffee; he was always equipped with an agenda and never missed a meeting.

It's been a joy to coach him as he's developed his studying skills and professional experience. Completing a placement at my place of work, interning in New York and participating in Development Days are just some of the growth opportunities he's received through the Amos Bursary.

Now Troy's at Leicester University, it's great to see his independence and enterprise increase further, and to receive updates during the holidays or via phone.

Chioma Oganya (Peer Mentor)

I have been Troy's mentor for over 3 years now. Each time we meet I feel deep inside me that I have impacted a young man's life. I have supported him in many ways such as giving advice, job reference letters, introduced him to others and provided financial support when necessary. He has gradually developed into an extremely promising gentleman, highly motivated, team player, with a good ability to listen. Most importantly, I believe Troy to be an individual of impeccable integrity – highly suited to continuing to develop into a respected and wonderful individual.

Dr Sunday Popo-Ola (Professional Mentor)

Public engagement and Professor Simon Taylor-Robinson

Professor Simon Taylor-Robinson is a Consultant Hepatologist and Professor of Translational Medicine at Imperial College London. He combines his clinical work as a Hepatologist at St Mary's Hospital with research within the Institute for Global Health Innovation and is also Clinical Dean of the Faculty of Medicine.

He currently mentors three Amos Bursary students and since 2013 has offered opportunities for students to gain valuable experience working on projects in The Gambia and Malawi.

Simon said:

Mentoring is a very rewarding two way experience. I am never too old to learn – and the Amos Bursary students teach me much about life! I think by being able to be there when needed is important. Having an open door policy – and having the time to discuss problems.

One of his mentors Ivan Beckley said:

Professor Taylor-Robinson as a mentor has been a fantastic source of reason, throughout my early years at medical school. University is laced with opportunities, challenges and decisions that can be difficult to deal with on your own, especially when you are the first in your family to go to university. To have someone like Professor Taylor take the time out of his busy day, to sit down with a cup of tea, and help me rationalise those thoughts, is truly invaluable.

James Frater said:

Simon Taylor-Robinson is the type of medical professional I aim to become. His expert knowledge, meticulous nature and charisma are traits that make him a pleasure to know and work with. The opportunities he has given; going to Gambia and speaking at the Hepatitis conference for example, have given me exposure and experiences I will be able to use throughout my life.



Professor Simon Taylor-Robinson



Kwarteng Sarfo in Peru

Kwarteng's Peruvian challenge

During the summer of August 2016, I had the privilege of travelling to Cuzco, Peru where I was able to help 20 different families. The purpose of my trip was to build 20 ecological stoves, a solution selected to solve the increasing risk of respiratory disease due to the inhalation of smoke faced

by the villagers whilst cooking in their less ventilated kitchens. Boarding the plane at Heathrow, I was indeed excited and not sure what to expect but nonetheless eager to see a different country, experience a different culture and meet different people.

First day at work in the hot, yellow sun was tough and demanding but I loved every bit of it. From lifting bricks, mixing cement and learning a bit of Spanish and Kichwa (the native language) I gained a sense of fulfilment, something greater than just sending money over. With every completed eco-stove, the smiles on the faces of our families grew. The fulfilment for us was that we were not helping just one generation, but ones to come and that thought alone kept me going each day.

By the end of my trip, I had completed river rafting, visited Machu Picchu (one of the seven wonder's of the world) and completed the sungate trail in an hour!

All in all I would urge everyone to take up every opportunity to travel somewhere else and make an impact in someone else's life.



Richard Butler, with students James Frater and Jesse Williams accept a cheque from the Guyana UK Consortium at the Guyana family sports and fun day

Alumni case study



Richard Butler

'I recall the first ever Amos Bursary event I attended at The House of Lords; from the onset I knew I was beginning an extraordinary journey. There are too many unique and life inspiring experiences I have been through during the programme and also as an Alumni. For me, the workshops that homed in on projecting the inner confidence and courage and developing your interview skills and networking master classes have allowed me to flourish in life situations, not just the world of work.'

During my first year of University, the Bursary helped me acquire a three week internship with Whitefoord LLP. This internship was extended for the summer and resulted in me being invited back to the firm. I put that extension down to the guidance I received from my mentors and the ongoing training from the Bursary. Six years later I am still in good relations with the firm and for me this personifies what the Bursary stands for.

Experiences and opportunities gained were invaluable upon graduation, job searching and securing my first job. The CV workshops and interview tips allowed me to articulate my story and hone my skills while projecting my ambition to prospective employers.

Currently I work in Middle Office for Allianz Global Investors and feel that the journey I have taken with the Bursary has given me the confidence to take hold of my future career and life objectives achieving each hurdle strategically and moving closer to my personal goals each day.

I would wholeheartedly recommend the Amos Bursary to any individual who is serious about broadening their horizons, changing their lives as well as the lives of those around them and quite frankly, who wish to experience life for all it has to offer.'

Richard is now a committee member and mentor supporting other students. He has escorted a group of students to Italy, and regularly represents the Bursary at events. A true role model and future leader.

Thank you

As we move into 2017, we would like to thank our corporate sponsors Linklaters and Prudential, who provide us with funding, facilities and experiences for our students. Cititec continue to generate opportunities for our students, and this year we welcome our new partner Helios Investment.

Each year BPP offer full scholarships to students, which allows them to complete their degrees debt free. This financial aid is life changing. The partial scholarships offered by UCL are also popular with a high percentage of Amos Bursary students now at UCL.

Imperial College London part sponsors our Residential conference and provides us with committed mentors. We look forward to the outcomes of the PHD research funded by Imperial College, which features AB students.

Our partner organisations, Lumina Learning, Insight Coaching, EY, Kings College London, Brightnetworks, The Brokerage Citylink, Teach First, Powerful Media and Rare Recruitment help us to ensure that our students maximize all opportunities that are available to support their career development.

Finally, we are most grateful to our parent body Excell3, who provide the environment to allow us to flourish.



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The Amos Bursary was established in 2009
and operate in association with Excell3.
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